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**Exercise Testing and Prescription for Health Oriented Muscular Fitness and Flexibility** This video shows Dr. Evan Matthews discussing exercise testing and prescription for muscular fitness and flexibility for the ...

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**Interpretation of Cardiopulmonary Exercise Tests (CPET): Part 1** Pulmonary Interpretation by Zachary Q. Morris, MD, FCCP and Said Chaaban, MD of the Physiology, Pulmonary Function and ...

**Body Composition Assessment for Health** This video shows Dr. Evan Matthews discussing body composition for health and various methods of body fat assessment. This ...

**Exercise PreParticipation and Risk Screening and Testing**

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